



## **Extra Depth Footwear**

Extra depth footwear is an important part of diabetic treatment. It is especially important if you have loss of sensation or peripheral neuropathy. Correct fit and the correct type of footwear are crucial to prevent or reduce calluses and diabetic ulcers, and to prevent amputations.

People who suffer from peripheral neuropathy may fit themselves too narrow or too short because of loss of protective sensation. This makes it very important to be fit for your shoes by one who is trained to fit you properly.

Extra depth footwear is designed to relieve areas that cause excessive pressure such as hammertoes, bunions, and extreme foot shapes. They are able to accommodate, stabilize and support deformities due to their adjustability, deeper toe boxes, as well as different lasts or shapes to fit different shapes of feet.

For feet that cannot be fit in off the shelf shoes, custom fabricated shoes can be ordered that are made from a mold of your feet. To avoid irritation to the foot, extra depth footwear should be worn with seamless socks that do not have an elastic band at the top. White socks are preferred so that if any discharge should occur, indicating a sore, it will be seen on the socks. McCleve Orthotics and Prosthetics is committed to working with your physician to minimize diabetic foot complications and helping to maintain your feet in their best possible condition.